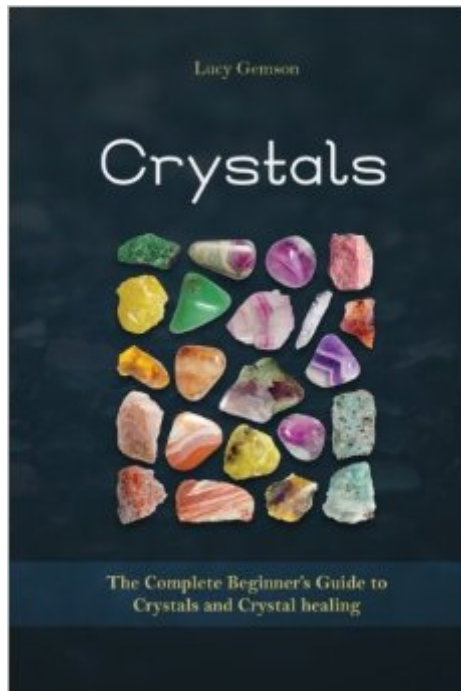


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# Crystals: The Complete Beginner's Guide To Crystals And Crystal Healing



## Synopsis

The Complete A-Z Guide To Crystals - Perfect For Beginners How can 'Crystals: The Complete Beginner's Guide to Crystals and Crystal Healing' give you a full foundation of knowledge in the field of crystals and crystal healing? Gain a full understanding of how crystals are formed, including a rich account of the history of their use. Learn the science behind crystals and how they actually work. Learn everything you need to know about chakras and how important they are to tie-in to your crystal usage. How to set-up a basic crystal grid. What to look for when shopping for crystals. How to prepare your crystals, including; cleaning, charging and programming. Learn how to prepare for crystal usage, both mentally and physically. Learn the profiles of over 100 important crystals, ranging from ite to Zoisite. Understand crystal elixirs and how to make them. Gain further knowledge from 5 handy correspondence charts. Much, much more! Grab 'Crystals: The Complete Beginner's Guide to Crystals and Crystal Healing' now and learn everything you need to know in order to start using crystals with confidence.

## Book Information

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## Customer Reviews

I did not realize when I bought this that it had no pictures for reference. Kind of hard to have a listing of different crystals with nothing to show you what they look like. Not very informative unless you already have a vast knowledge of crystals already and know exactly by sight what they look like. This is not a reference guide for novices or even intermediate collectors. This is only for very advanced knowledge collectors.

This book has exceeded my expectations so very much!! There's a lot of good information in this

book in a very easy to read format. It's very well organized, making it easy to read from beginning to end as well as easy to find specific crystals or uses. This is great for anyone that is new to crystal healing, and those that are well versed in crystal healing. I am impressed with the level of information in this book. I recommend this book for any person even if you're not going through anything this book will give you the positive energy you need.

This was an unique and educational read. I never realized how broad the subject of crystals really was. I didn't know it could be used for medical uses and certain kinds of crystals relate to human personalities. Nice to learn something new. This book explains this alternative way in a good way and informs you before you begin with the process. It's an interesting alternative, I must say. The most interesting part that I love in this book is that it contains proven steps and strategies on how crystals be use for healing.

I never imagined that crystals actually helps in healing until I came across with this book on my kindle recommended list. I grabbed this immediately out of curiosity. The book serves as a guide specially for beginners who wants to know more about Crystal healing. The basic were discussed in here as well as the benefits we can get with it. Tips and techniques were also provided by the author to fully utilize it's effect. Also listed here are techniques on how you can buy the proper crystal for your the specific concern you wanted to heal. This is a good guide indeed.

I've always had problems with lack of energy and I just can't seem to do some exercises since I am lazy when it comes to that kind of activity. I was searching for some ways when I stumbled upon this book. I liked how it's very informative about the crystal's healing properties. I definitely gained a whole lot of knowledge when I read this book. The author did a great job in creating this guide which are beneficial to one's wellbeing. I was persuaded by the description as well as the comments by the other costumers who have already read this. And I am totally glad that I decided to get this book. It's very helpful and I absolutely recommend this to others who are interested in learning the benefits of crystals.

An easy to read introduction on crystal healing. This is a short introduction to crystals and their properties via color and type. Crystals and their placement in the body are mentioned also. I wish there were photos for examples. Clear cut and informative. This is a book for beginners. Explains history and basics of crystal. Good job, I recommend.

Energy medicine is based on the use of the healing power and the strong connection between the mind and body. Energy medicine is based on the belief that the human body is composed of energy fields. When the energy is properly distributed and circulate freely when our body is healthy. Crystals and semiprecious stones are very powerful energy instruments. The crystals can be used in different ways. You can carry them in your pocket or around your neck, do massages with crystals, you can drink "crystal water" (water in which stood a crystal 24 hours), as an aid to meditation ... This book contains very useful information that can be helpful for you, whether you are healthy or looking for a way for your healing.

Ever wondered how these compounds contribute to ones healing and health other than these stones being well known for cosmetic purposes? Then you should discover and figure it out with the help of this complete book. From a variety of classifications and usage, you will be able to determine the individual characteristics and contributions it can offer to our body. Its fascinating actually by just merely thinking about the advantages of crystals aside from its common usage. I love the cover of this book and the over all content and format of this kindle book. It is informative at the same time it can spread awareness to people and help them begin to nurture their knowledge about Crystals.

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